

University of Alaska Southeast

# The Whalesong

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## UAS addresses campus security problems

By Sean Smith  
Whalesong Reporter

You all see them, pulling up slowly next to your vehicle, seemingly breathing down your neck, watching your every move, just waiting for an excuse to stop you.

Over the past few weeks, there have been several instances regarding on-campus security that have come under review by the UAS administration. A meeting between the administration and the officials of Knightwatch Security, Inc., which provides security to both housing and the UAS campuses, took place Thursday, Sept. 26.

The question was, and still is, what is the purpose of security and how does the faculty, and students alike want to be treated by the officers? According to Tish Griffin-Satre, director of student activities and housing, both issues were addressed at the meeting. "The University clarified the responsibility of security on campus, and their need to help us achieve the objectives that administration expects," she said.

According to the Dean of Students Paul Kraft, those goals are to "make the students and faculty feel safe, and to protect the buildings from any damage." He went on to say, "Knightwatch went beyond the expectation of the university, which is to protect its students." Kraft said that the meeting's purpose was "to reinforce UAS's expectations of the on-campus security."

Knightwatch security was conducting after-hours identification checks and excessively delayed the process of those checks by taking the individuals I.D. and blocking their car in with a security vehicle. Paul Kraft stated, "It's not that the I.D. checks are not in good intentions, but how they conduct their checks is in question." Kraft said Knightwatch was in total agreement with the university, that the instances that took place were wrong and are not the norm for their company.

The university is taking steps in order to prevent these types of occurrences from happening in the future. Those steps include

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## A day caring for the community

By Eric Morrison  
Whalesong Editor

University of Alaska Southeast student Kean Nuttall got down and dirty while picking up litter Saturday during the second annual Day of Caring, learning firsthand how much trash is dumped along Juneau's roadsides.

"It was a humbling experience to go out and do something that no one wants to do," said Nuttall. "These kind of community service projects expose people to the issues at hand and introduce them to ways to get involved in issues that are important to them."

Cleaning at the Glory Hole, maintenance of the Boy Scout Trail, playground equipment construction at AWARE and picking up litter were just a few of the services UAS students provided during the second annual community service event. More than 100 university students, faculty and staff spread out across Juneau on Saturday to conduct a variety of service projects to help show the university's commitment to

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Photo by Eric Morrison  
UAS student Dave Langliotti (left) helps build playground equipment at the AWARE shelter during United Way's Day of Caring.

## Elections for the students, by the students

By Liesl Schuepach  
Whalesong Reporter

The polls are closed, the results are in, and two new student body senators will be taking office. Recently elected UAS student senators, freshman Heather Williams and junior Jeff Quick, will be representing the voices of their peers for the 2002-03 school year.

Williams, who is from Talkeetna, Alaska, is majoring in elementary education. Her ambitions for student government this year include an effort to bring more recreational activities to student housing and to get a hot tub installed at the housing lodge. "I just want to go with the flow, make new friends, and get to know the student's ideas on improving UAS," she said.

Quick, who is originally from Albany, Georgia, is beginning his second year within the UAS student leadership circle. "Being in student government gives me a leadership opportunity and experience of how a university system works," said Quick. "UAS offers a quality education, quality instructors, and a good atmosphere to learn in; I enjoy working in the student community."

With seven student senators in all, the senate will form three committees to serve, inform, and answer the questions of the student body. USUAS-JC Student Body President Mark Graves emphasized the need for students to communicate with their senators, "Use your student government! The senators are here for you, the students. They are elected by the students to voice the questions and concerns of the students."

The first major action of the student government this year will be to bridge the gap between UAS and the community of Juneau. "This year we have a big focus on getting positive interaction between students and the community. The community loves UAS, so we need students to step up and be involved in the community; it will make UAS and Juneau a better place," said Graves.



# EDITORIAL & OPINION

## The Whalesong

The student voice  
of UAS

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The University of Alaska Southeast student newspaper, *The Whalesong*, is a free bi-monthly publication with a circulation of 1000 copies per issue. The Whalesong's primary audience includes students, faculty, staff, and community members.

*The Whalesong* will strive to inform and entertain its readers, analyze and provide commentary on the news, and serve as a public forum for the free exchange of ideas.

The staff of *The Whalesong* values freedom of expression and encourages reader response. *The Whalesong* editorial staff assumes no responsibility for the content of material. The views and opinions contained in this paper in no way represent the University of Alaska, and reflect only those of the author(s).

## Recycling state of emergency

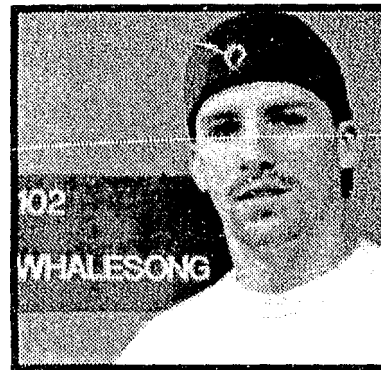
By Eric Morrison  
Whalesong Editor

What is going on with the recycling here at UAS? This issue has reached absurd, disgraceful, and humiliating lows and the situation needs to be immediately reassessed. To me there is no greater display of a lack of self-respect than doing something that you know is wrong, you admit is wrong, but take no actions to see that the responsible thing is done.

Trying to get anyone in Alaska to take the recycling issue seriously is like pulling teeth. The recycling program at UAS, in Juneau, Alaska, USA, and the world is nowhere near adequate, yet universally everyone knows the importance of recycling. So why have I been told for the last 15 years consistently that recycling is not only important but necessary, but our leaders have yet to really stand up and take the initiative to see that the right thing is done, no matter the price tag that goes along with it. The common myth here in Alaska is that it's too expensive to recycle. I say that in the long run it's too expensive not to recycle.

The attitude and the message that is being conveyed to me by many of our leaders is that because Alaska is not as overpopulated, crowded, and basically trashed as everywhere else, that until we start having to deal with the environmental and social problems of a place like L.A., we have nothing to worry or complain about. I feel exactly opposite, that we should deal with and consider keeping this place from ever having to deal with the perils of the concrete jungles. I really do wonder if people are just naïve, or if greed is really worth sacrificing the future integrity of this region and our world.

Admit it, our planet is being trashed because we are



too apathetic to care about all this frivolous waste that we use which no doubt is having a negative effect on our quality of life, and our great-great-grandchildren's quality of life. Admit it, recycling is the right thing to do, and everyone knows it. Then why is it that people knowingly throw away their recyclable material when it does everything bad and has no advantages. In my opinion it should be illegal and punishable by fine to throw away recyclable material, I mean why shouldn't it be?

I could complain for a million years and it is possible no one would listen until we are up to our ears in garbage. Unless I offer some basic and realistic suggestions of how to take responsibility for our actions, I have wasted my time offering this opinion.

I think that every recyclable bottle of juice or soda that is sold on campus, which has a nice chilled, comfortable, aesthetically pleasing spot in a display case, should also have a spot reserved for it in a recycling bin. Is that too much to ask for? Why is it that we have a whole wall of the cafeteria jam packed with recyclable bottles and cans in display cases, and another set of cases in Spike's Café, yet we only have one small recycling bin on the main part of campus? Is it too much to ask for a spot in a recycling container for each recyclable container sold by the university? Wouldn't the university be doing the right thing by doing that? I think that the lack of commitment shown by our school leaders, state leaders, national leaders, and world leaders on the issue of recycling has set a bad example, which has conveyed the belief that apathy is acceptable, when in reality it is not. Please take responsibility for your actions and have a little self-respect by doing what you know is right. Recycle, please!

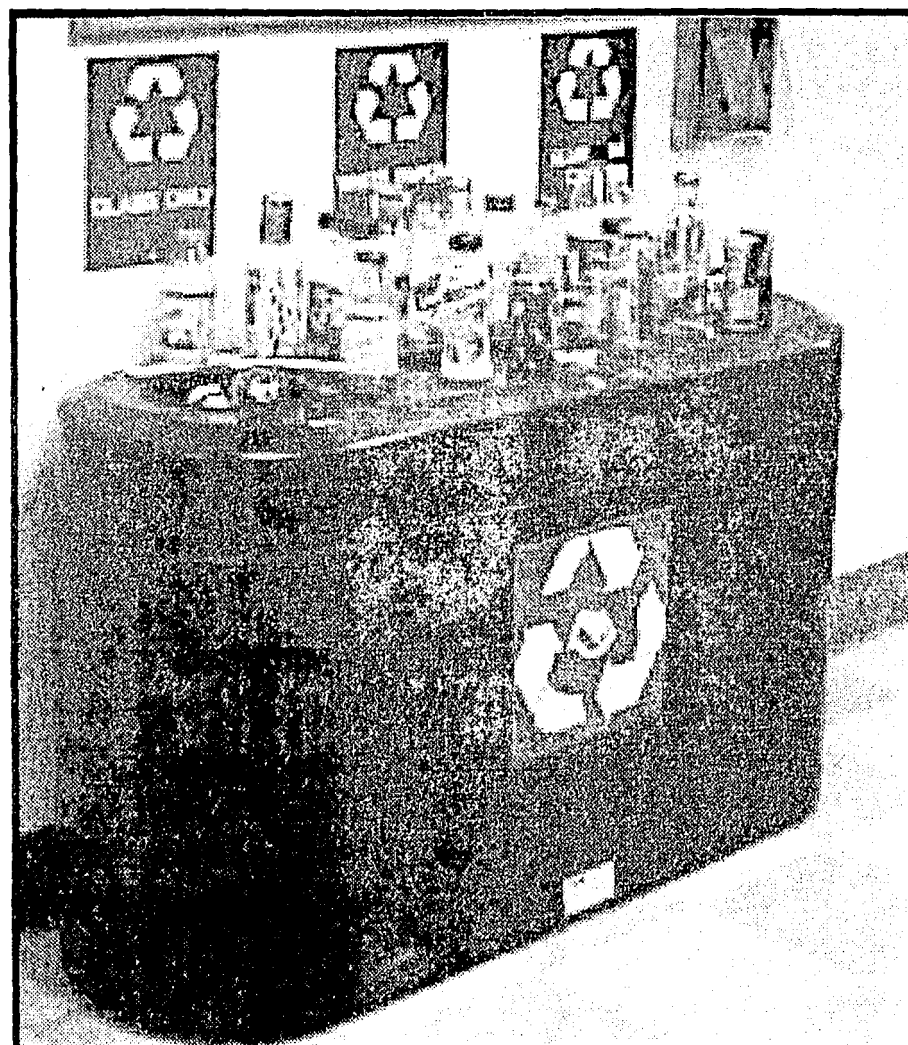


Photo by Vita Wilson

Doesn't this say it all? Whoever replaced this mess with the rude note, just for the record, plastic bottles are recyclable, not garbage.

### Letters to the Editor

The Whalesong gladly accepts letters to the editor. Letters may not exceed 300 words, and may be edited for length, clarity, and grammar. Letters must be signed and include a means of contact for verification. Send your letters to 11120 Glacier Highway, Juneau, AK 99801, [whalesong@uas.alaska.edu](mailto:whalesong@uas.alaska.edu), by fax to (907) 465-6399, or bring them to Room 102, Mourant Bldg.

## Mental illness defined: Can you imagine what it feels like?

(Editor's note: This story was submitted by a UAS student. Because of its personal nature, names have been omitted.)

Try to imagine for a second that you are mentally ill. What comes to mind? Do you imagine yourself as schizophrenic, or does it feel like a bad acid trip? Maybe you imagine yourself back in time on a rollercoaster in Disneyland when you were 10 years old, and it was so scary and fast that you crapped your pants. How embarrassing! What if it felt like being raped at a "friends" house where you thought you were going to be safe after a long night of drinking? That happened to one of my best friends and I couldn't do anything to stop it. Can you feel a mental illness yet? I can. I was hospitalized for my mental illness symptoms all week. Yup, that's right, I have a mental illness. A problem with my thinking and thoughts that I cannot handle.

I'm not looking for sympathy or for anything really, but I guess I should explain what my symptoms are. I question everything. All my life I have asked "why this, or why that" and I've never accepted anything at face value. Even events of my life that most people do not question, I question... everything! It is a form of hallucination called "distortive perception patterning." At least that's what I will call it, because the doctors can't call it anything. In fact, the label they have given me is actually "not otherwise specified." Can you imagine what it feels like to have a doctor tell you that you have a disease but they don't know what to call it? That it is so unique, only you, just you, not anybody else in the whole world has what you have. Well, along with thousands, maybe hundreds of thousands of people who on the outside seem fairly normal to most, but has been diagnosed as mentally ill, not otherwise specified.

To get back to my disease, "distortive perception patterning," I see patterns in everything. Somehow I believe that EVERYTHING fits together in such a unique way as to show me every second of every day that God exists. Some call that an "obsessive compulsive" behavior, others call it "manic depressive". Some even say it is psychotic or even schizophrenic. Thank goodness a trained doctor, a medical professional does not say those things about me! Then I'd be really crazy! LOL!

Maybe you have had some sort of contact with me on campus or elsewhere in this beautiful city that I call my home. I've lived here since the 3<sup>rd</sup> grade. You may have seen "signs" that I'm "not right in the head," or "different." Well I'm not ashamed of my disease anymore. I am scared of it, scared as hell, but I put my faith in God that one day I may be healed of this curse that makes me question, and ask why. I pray every day that I have the protection of my Lord and Savior

Jesus Christ around me. Sometimes, some days, like last Monday, I felt like He was all that stood between me and complete insanity.

I'm terribly sorry if this is too personal. I don't want sympathy. Everyone has his or her own battles to fight, everyone has to win the "war" going on inside your heart about which "side" you are on. Maybe my problem is simply that I can't believe that God would want me on his side after all the crap I've put Him through. Wait, then I think that's unfair! I didn't put God through crap, I put ME into crap. I got myself into this mess, and what I realized this week during my hospital stay is that I'm the one dragging myself through the mud. Nobody else is forcing me to do anything! I'm the one who can choose to let go or to hold on. I am responsible for me and what I do or do not do for myself and others! Wow! If that's true, can we play Quidditch tomorrow on God's soccer field where everybody wins, and nobody is a loser? God replies to me, "NO! Many are called, few are chosen. Some will follow me because they love me truly, but "others" will still heed the call of my enemy." Well count me as a "some," not an "other" please!

Maybe my problem is still that I ask why to God, why can't we all get along, have peace, here and in the Middle East, and "live long and prosper" as some would say? God speaks to me again. "In my time, in my time." Whew, thanks God, can I take a break and just go to school and have fun again...? Oh yeah! That's what I was doing before I went to the hospital...

Scrapbook Club events are **FREE** to anyone with a current UAS student, staff, faculty or alumni ID card. Community members are also welcome: we request that they donate \$5 per night to support club events. The club has equipment and supplies to share. Our main focus is on making scrapbooks and albums, but you are welcome to join us to work on other paper craft projects: rubber stamping, card making, etc. Call staff sponsor Jeri Cary at 465-6504 or 789-4951 if you need more information, or send an e-mail to [jeriary@uas.alaska.edu](mailto:jeriary@uas.alaska.edu).

Hospice and Home Care of Juneau is offering a bereavement support group Healing After Loss, for those adults who have experienced a loss through death within the past two years. The group will meet six Wednesday evenings, 6:30 - 8:30 p.m. on the following dates: October 23 and 30, November 6, 13, 20, and December 4, 2002. Lauren Champagne, L.C.S.W. will facilitate this group. The group is both educational and supportive in format. Group enrollment is limited; participants must pre-register by October 17. For more information or to pre-register, call Hospice and Home Care of Juneau, 463-3113.

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# FEATURES

## PITAS program affords students many opportunities

By Jenni Hotch-Hill  
Whalesong Contributor

With the Preparing Indigenous Teachers for Alaska Schools (PITAS) program beginning its third year, and the great news that funding for the next three years has been approved, PITAS is starting this year on the right foot. The PITAS program is filling the need for more Alaska Native teachers in the rural schools.

The opening paragraph of the PITAS pamphlet states: "Alaska is in need of indigenous teachers, qualified educators who will remain in rural school districts. PITAS (Preparing Indigenous Teachers for Alaska Schools) is a grant funded by the U.S. Department of Education targeting this need." PITAS helps fill the need for more native teachers, and makes other important additions to the University of Alaska Southeast. Not only does the program supply scholarships for native students, soon to be teachers, but services for both PITAS scholarship recipients and other students as well.

This is the second year that students have been receiving scholarships from this grant. Last year there

was a Community Advisor position, a position that I had filled. This year PITAS has funded more student positions: PITAS UAS Student Mentor Michelle Martin, myself, PITAS UAS Student Assistant, and PITAS Community Advisor, Chris Grinder.

This is Grinder's first year as Community Advisor and his second year attending UAS. "I think that it is really good for native students to have the opportunity to attend higher education. It's a really positive aspect, very inspirational," he says.

Martin, one of the scholarship recipients and the Student Mentor, says, "PITAS gives me the opportunity to experience job related skills prior to my degree and helps me to become a successful student. I'm also able to contribute the skills I learn onto other students and provide a students perspective about my experience as a PITAS/UAS student." This is her second year as a scholarship recipient and first year as a student employee. Michelle has also just been elected to the Woon Een council as a member.

Rhonda Hickok, the PITAS program co-coordinator, stresses the importance of having student employees: "Having students with strong background gives increased support and added insight that experienced

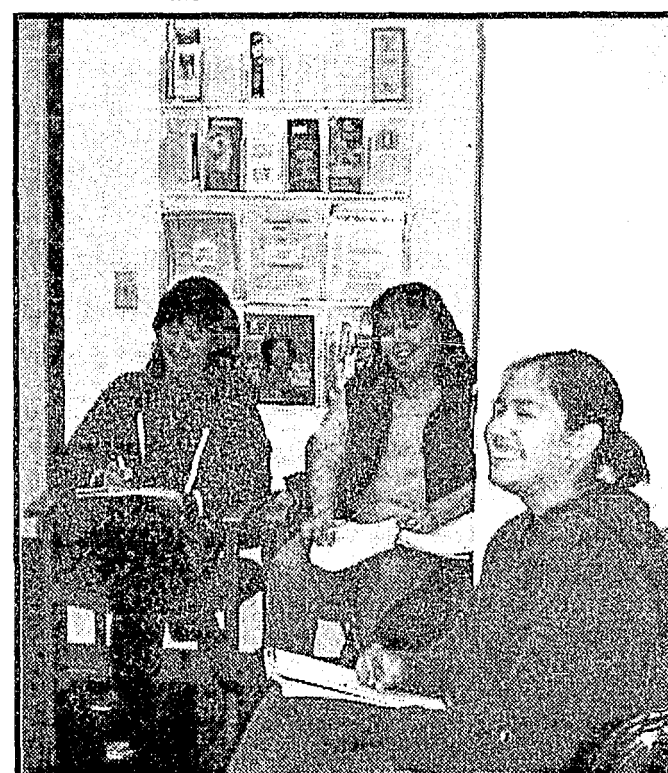


Photo by Rosa Fonseca  
PITAS support staff (left-right) Rhonda Hickok, Michelle Martin, and Jenni Hotch-Hill hanging out, enjoying the Native & Rural Center.

students and other students can rely on."

For additional information on the PITAS program, pamphlets are available in the Native and Rural Student Center in the Novatney Building.

## A head start for college life

By Rosa Fonseca  
Whalesong Reporter

Would it have helped you to complete your Associate of Arts by the time you finished high school?

Since fall 1999, UAS has offered middle and high school students the possibility of earning dual high school and college credits.

UAS College Connection is a program designed for students who have special interest in certain subjects and want to go beyond what is offered in high school.

Robert Sewell, UAS academic advisor, coordinates the program and explains that, for instance, a student who is interested in photography can make good use of the UAS infrastructure.

Sewell himself earned college credits as a high school student. He said, "The experience of taking college classes was stamped on me."

The benefits of College Connection are numerous. It provides a variety of course options for able students and allows individual routes for acceleration.

"For the education system to succeed, there has to be flexibility and options for individualization" because, as Sewell puts it, "one size does not fit all."

According to Donna Douglass, College Connection assistant, 295 high school students from Juneau, Galena, Nenana and Alyeska School Districts have taken 468 classes in a variety of different subjects. Overall, 90percent of credits have been earned with 75percent of for-grade courses having yielded an "A" or "B", with virtually no flunks.

Over 21 states now have dual enrollment, and UAS has also expanded as 19 students started the program on the Ketchikan campus.

"College Connections program is a good example of K through 16 education working in cooperation with UAS to educate our Alaskan communities youth," said Paul Kraft, dean of students, "it increases the likelihood that these students will be successful in university. Once they become full time college students, they will have already experienced what it feels like to be in a college classroom." At an age when students usually live with their parents they can count on emotional support from home in order to face the challenges of transition. He believes that there is no reason to

Continued on page 8

### Student and Community Submissions

Student and community submissions of art, photography, written work, and personal experiences are both welcomed and encouraged at The Whalesong. Submissions may be edited for length, clarity, grammar, and taste, and must include a name and means of contact for verification. If the submission is to be returned, please include an address and daytime phone number. Send submissions to 11120 Glacier Hwy, Juneau, AK 99801, whalesong@uas.alaska.edu, by fax to (907) 465-6399, or bring them to Room 102, Mourant Bldg.

## Australia: more than just a U.S. down under

By Tyler Gress  
Whalesong Contributor

I started on the Qantas flight here. With 16 hours and a television screen all to myself, I could certainly absorb some Australian culture on the way. No such luck — they played nothing but *The Simpsons*, a FOX TV special on Singapore, and a variety of feature films...from the United States. I slept. We first arrived in Sydney. The airport there is like dozens I've been in before. Dido played through the intercom; familiar advertisements, familiar stores, and familiar products surrounded me. It seemed that I had travelled to the other side of the world just to find myself back in America. At least the people spoke with funny accents. I flew to Cairns.

The study abroad program I went through sent our group on a four-day orientation (rhymes with "vacation") in tropical Cairns. We dove at the Great Barrier Reef and visited a rainforest habitat to play with Australian animals. Everyone in our group became friends, which turned out to be a great support system when we finally got to Brisbane. The Cairns orientation was a nice segue to our semester down under.

Upon arrival at University of Queensland, things were busy. When we got settled, registration was already well under way. Many classes were full, others had conflicting schedules; none of the courses I'd planned to take would work. I wrestled with the online enrollment system, finally working out a magnificent schedule which includes classes on Australia's various environments, and the popular "From Elvis to Madonna: the History of Rock and Roll." I have "uni" on Tuesday, Wednesday and Thursday, with four-day weekends every week!

Life in the residential college is turning out to be enjoyable. I live in Kings College, which is all male. A short introductory speech at the welcome-back barbecue summarized the college attitude: "Get involved in sport, have a drink or two..." with everything important already mentioned, the speaker trailed off. I thought I heard the word "study," but I'll never be sure. Though it is still unclear, it seems that the only governing body is a group of Senior Residents. This makes for some crazy nights. And since many of the boys fancy the occasional champagne (or more often, warm beer) breakfast, mid-morning is frequently entertaining as well.



Photo courtesy of Tyler Gress  
UAS student Tyler Gress makes new friends while taking classes on Australia's environments at the University of Queensland.

Everyone has his own room, which has at times been key to successfully accomplishing my schoolwork.

My prior-mentioned, initial impressions of Australia were founded; American culture has had a significant impact on this country. A hasty observation, or even a short visit might reveal little more. But after living here for two months, I'm beginning to appreciate the finer things that make Australia different from the States. To an Australian, no problem is really a problem, hardly anything is worth whining about, and every person is worthy of your time. Though these characteristics are rarely obvious, it is uplifting to be constantly surrounded by people who know nothing else.

Brisbane is centrally located on the east coast, and lies at about the same latitude as Los Cabos. We are a month into spring, and it is getting hot. The peaceful Sunshine Coast is two hours to the north, and the world-famous Surfer's Paradise is a short ride south. These two beach communities are frequent weekend destinations for kids here at "uni," and I anticipate taking more trips north and south as the muggy city heats up. Next week is spring break; as if it wasn't hot enough here, I've booked a trip to the outback. When I get back, it's three weeks of class, a weeklong field study on a coral cay, and two weeks of exams, marking the end of the semester.

My time here has gone far too quickly. I feel like I'm still just settling in, but I know that soon this experience will be in the past. Before I came, I thought four months here would practically make me an Australian. I have a vegemite sandwich for breakfast every morning, and I understand a good deal about this special country, but I realize that I'm just a visitor. I will be coming home before long, and while part of my heart will remain here, I'll bring a piece of Australia with me.

## Squires Rest PRESENTS

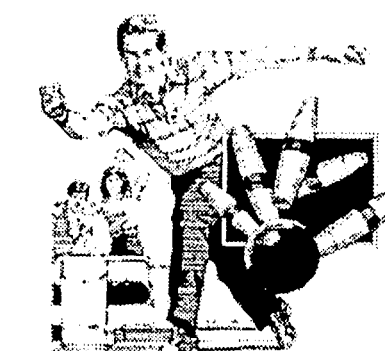


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# PEOPLE & ENTERTAINMENT

## Student Government Profile

Name: Justin Whittington

Position(s):  
Student Senator,  
Student Ambassador,  
System Governance  
Representative

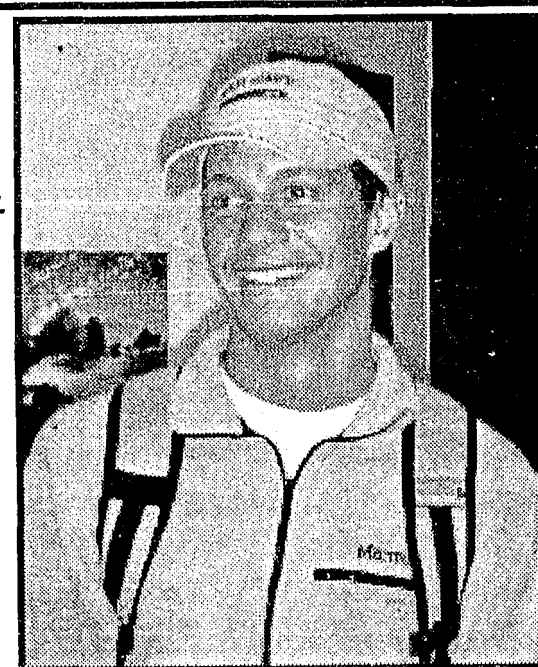


Photo by Rosa Fonseca

### Why did you join the Student Government?

I joined student government because I wanted to serve as a voice for the student body and to help bridge the gap between the University and the Community. I think it's important that students have someone to come to with concerns and problems. Being in Student Government also allows me to get to know more people in the student body, which is great!

### What are your plans for student government this year?

My plans for student government are to get to know more people and with that to get to know what those people want to see at UAS. Another goal of mine is to get students more involved at UAS. One of the most important things is getting students to vote. Last but not least is my goal of helping the students to understand how the university system works as a whole, including UAS itself. I plan to do this by having open forums on many different topics.

### What issue is important to you?

One of the issues I firmly believe in is the tuition increase. I think it will benefit everyone. The University cannot continue to grow unless we have money and without votes from students we get no support from the state so tuition increase is the next step. We are getting an amazing education at UAS and I think paying 10% more is well worth what we are getting.

### Is it important to vote?

Voting is probably the most important thing one can do to be heard. I think people don't realize that one vote can make a difference. It only takes a few minutes to vote but you can make such a large impact. If you speak on an issue and you are not registered to vote and haven't, your vote will not even be considered. By all means get involved and vote!

## Teacher Feature: Jane Terzis

By Rosa Fonseca  
Whalesong Reporter

Jane Terzis, who previously worked as an adjunct for the University of Alaska and taught art to prisoners all over Alaska for over 20 years, has accepted a job as the new professor in the Art department at UAS. This fall she is teaching the upper division, intermediate and advanced, senior drawing classes, and all levels of oil and acrylic painting.

In her cozy, dimly-lighted office Jane Terzis told a little about herself: "I used to watch my grandmother paint, and for me, the idea of making a picture was just magical," Terzis said. Since she was a child, she saw herself as an artist.

One of the many who fell in love with the beauty of Juneau, Terzis came here because she wanted to live in a small community. When she saw the glaciers for the first time she asked herself, "How could I be anywhere else?" And added emphatically, "This is it!" Interesting enough, she commented that, as much as landscape inspires her, it is not what she usually paints, unless she is commissioned or hired to do that.

Terzis has a long experience as an artist. She earned her Bachelors of Fine Arts in Painting and Drawing from Ohio Wesleyan University. Then she studied for three years to get her Masters in Medical and Biological Illustration. As part of the program, Terzis studied Physiology and Pathology, and took Human Anatomy classes with students of medicine.

"The coolest part for me was to see textures and colors inside of bodies and be able to study and reproduce in the way it looks and how it works," said Terzis. She explains that medical illustrators use techniques that others illustrators don't. She had to be precise and accurate.

As part of the Humanities department, Terzis' plans are to continue to show that the university provides resources for the community. She also wants students to know what is going on with the art in town, throughout the state, and the world.

About drawing and painting, Terzis defines her role as that of a mentor who provides the container for the discovery of students. She said it takes a sense of trust, tools and guidance to make it happen.

"In art you express something you can't do in any other way. It opens your mind beyond what you think is so. What we believe is nailed down in our lives, is just a part of what is there." She said, "In class, the container is someone who provides space and instruction of how to get from A to B; and provides a sense of permission and courage.

"Very gently, with humor, we celebrate failure," said Terzis. "That means you are stretching and leaving the house and doing something you didn't think you could do. It's very simple, but simple does not mean easy."

If Terzis could give a word of advice to students she would say, "Just do it! It is that simple," she continues, "but there is an allowing that has to happen."



Photo by Rosa Fonseca  
Jane Terzis teaches drawing, oil painting and acrylic painting.

## The Webfoot Files

By Liesl Schuepbach  
Whalesong Reporter

Not that anyone cares about the biography of a mere UAS freshman, but a lot of people care about having fun, and so I feel I should introduce myself. My name is Liesl Schuepbach, I grew up on a ranch in Central Oregon and until now I have never been to Alaska. My planned major is Wildlife and Wildlands Management, so there is no better place to study wildlife than Alaska, and I wanted to go to school at a community-oriented campus.

So far, I have discovered that the atmosphere of UAS and Juneau is a diverse one. I've met a colorful group of fellow lower 48ers', Alaska grownns', and foreign exchange students. UAS has something for all of us, and though my roomie from Fairbanks thinks that I talk with a southern accent, I am the same as all other first year students: I am here for an education, and hopefully for a little entertainment Alaska-style.

My job as a Whalesong reporter is to hunt down, seek out, and search for fascinating, educational, or just plain fun things to do in Juneau. As Southeast Alaska is a truly unique piece of country, I have subjected myself to the task of experiencing the culture, arts, and outdoors of Juneau. The objective of The Webfoot Files is to encourage my classmates, and especially those new to Southeast, to go out and experience a few of the recreational opportunities available to us throughout Juneau. Each issue of the Whalesong will feature The Webfoot Files, previewing and rating a recreational experience to be had right here in the UAS backyard.

I know what it is like to be at the breaking point of boredom. Trust me. Where I lived, carrying on a dull conversation with a cow might be the highlight of the day. My intent with The Webfoot Files is to do fun things for credit in my Newspaper Practicum class, to provide insight on what students can do to experience Juneau, to find a cure to rainy day boredom, and possibly to give an excuse for playing hooky.

If you have any suggestions for activities or events to be previewed in The Webfoot Files, or if there is an aspect of Juneau you would like to know more about, let me know! Also, if you'd like to come along for the ride and offer a second opinion on a feature activity, let me know! I can be reached via e-mail at jsmls10@uas.alaska.edu or you can leave me a message at the Whalesong office located across the hall from the UAS bookstore. Thanks!

## Faces to know at UAS

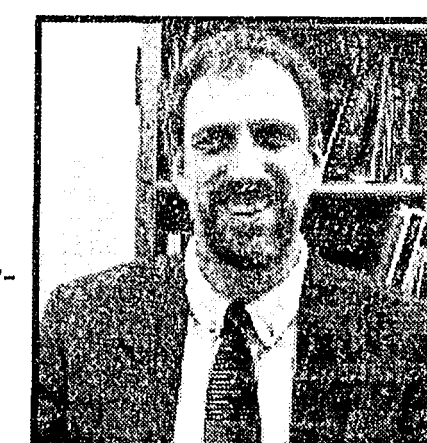
What's the importance of getting involved in extra curricular activities?



Name: Tish Griffin Satre  
Job title: UAS Student Activities Director

"I feel students should make the most out of their college experience. Take advantage of the opportunities to learn something new, make a new friend, learn about a new culture. It will enrich your life and your experience at UAS."

Name: Paul Kraft  
Job title: Dean of Students



"Extra curricular activities help students maintain a healthy balance with the mental activities in the classroom. They give us a chance to develop new talents and push against some self imposed limits."



Name: Elizabeth Schelle  
Job title: Director of Academic Exchanges and Global Connections Club Advisor

"It's important because education is not just in the classroom."

Compiled by Rosa Fonseca

## Voice on Campus Poll

Photos and quotes collected by Rosa Fonseca  
"What will be your biggest challenge at UAS this semester?"



Kris Peck  
"School."



Clarissa Pentecost  
"I'm taking 18 credits and I have two children and I'm pregnant. Plus overseeing development of UAS English Club."



Yarrow Varra  
"Managing my time between work, study, club, class, tutoring."



Emily McLean  
"Getting through my prerequisite classes, especially Biology 105."



Renee Moseng  
"Managing my time and keeping up with my reading."



Wesley Strasburger  
"Concentrating on my work and not playing around so much."

Student Activities is pleased to bring internationally known sex educator Jay Friedman to UAS. His lecture performance, entitled The J-Spot: A Sex Educator Tells All, will be held Friday, October 4 at the 7 p.m. at the Student Activities Center. Far from a doom and gloom presentation, Friedman's lecture will entertain while educating his audience about important and timely sexuality issues.

PLAYFUL  
POIGNANT  
PROVOCATIVE  
**THE J-SPOT**  
A SEX EDUCATOR TELLS ALL

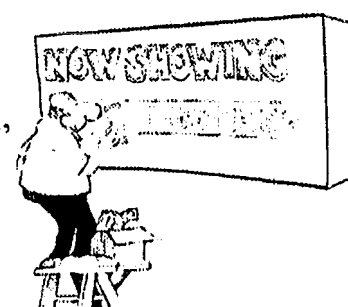
This event is free for SAC members!

## Preview

**VOTE**  
IT'S YOUR RIGHT!

Tuesday, October 1 -  
Municipal Elections

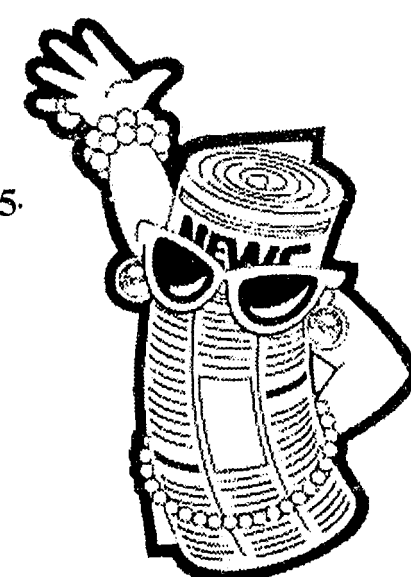
Friday, October 4 -  
Film: "The Bourne Identity"  
SAC, 9 p.m. Free to SAC  
members/\$5 general public



Saturday October 5-  
Community Service Fair at Nugget Mall  
Find out what services more than 20 local  
agencies offer

Friday, October 11-  
Independent film series through  
Friday, October 27  
at Glacier Cinema  
Call 789-9191 for more information

Tuesday, October 15-  
Look for Issue 3 of  
Whalesong!





**Head start continued from page 4**

confine students to high school when they are ready for their encounter with existence.

"There is a lot of evidence that this is no weird science," said Robert Sewell, who is a constant witness of students' and parents' uniform enthusiasm about College Connection.

Any young student who is seeking a challenge can get information about the program by visiting our website or contacting [college.connection@uas.alaska.edu](mailto:college.connection@uas.alaska.edu) to receive a colorful and informative e-mail newsletter every month. Students who are living this experience generally have a lot to say about the program.

Some examples are positive comments such as Alex Marvel's. He is an 18 year-old JDHS student who said, "College Connection not only gives you a head start into the field that you want to pursue, but it prepares you mentally for what college is going to give you."



Photo by Angeline Edge

Students Jesse Bannon and Kevin McQuaid enjoy the support they get from their instructor Chuck Craig (and each other) in Diesel Technology 106.

**Five steps that can help you become wise**

1) Admit you can't be an expert on every subject, all the time. There is simply too much information available on too many subjects to be a true universalist. Certainly, be a generalist. Have an overview knowledge of many pertinent subjects. However, it is vanity to think we can become expert in more than one or two areas.

2) Willingly accept information from someone younger than you, or very familiar to you. Ideas and information can and do come from everywhere and everyone. Be open, receptive, and responsive to all avenues of experience and information.

3) List the areas in life you know you should improve. Keep the list where you can review it daily. Work to improve the top three or four that you feel are most important. Review and revise your list as you grow and become more proficient at self-improvement.

4) Stay focused on the benefits of success from your desire to improve. If a goal is better health, learn about nutrition and exercise, then implement what you learn. If a goal is a raise or better job, learn new skills or perfect current ones. Losing weight, getting fit, increasing your income are tangible results of your efforts to improve.

5) When you get side tracked, off course, or have a setback, learn from it and get back on schedule quickly. Don't allow anything to stop your life long commitment to self-improvement.

You have a level of wisdom now. Use it to make your life more functional. Also, use it to motivate yourself to gain even greater wisdom through your sincere commitment to self-improvement. You will enjoy the benefits of the effort.

(c) 2002, Knight Ridder/Tribune News Service

**Day of Caring continued from page 1**

the community.

Nuttall said the experience helped him realize the significance of Juneau's litter problem and inspired him to get more involved with the issue.

"Come out and pick up litter for two hours and really get a sense of how much litter is out there, and maybe you'll think twice before littering or even tossing that cigarette butt out the window," he said. "I want to make sure Juneau gets more trash cans, because every time I take a walk I'm forced to look at all the litter and everything else that's been tossed along the roadside."

UAS Student Body President Mark Graves said the Day of Caring was "a chance for the students and the university to bridge the gap between the university and the community."

Graves spent the majority of Saturday at the AWARE shelter, helping construct playground equipment.

"All the projects we did helped organizations accomplish goals that they might not have been able to accomplish," he said. "We had a good day. Personally, it makes me feel a little more like a piece of the community."

The American Red Cross, Perseverance

Theatre, Juneau Youth Theatre, Southeast Alaska Food Bank and the Salvation Army also benefited from the day of service projects.

"I think the university benefited because we got out there and we let the community know that we're out here for more than just learning, and we're willing to help out the community in any way we can," said Dave Langilotti, who volunteered at AWARE. "I definitely have a sense of gratification from it."

During two hours of litter patrol, about 20 UAS students gathered 380 pounds of garbage and recyclable material from the roadsides. Nuttall said the Day of Caring is important for the students and the community.

"I think it's important to establish a sense of community for those folks who are going to be living here for the next four years," he said. "It's the university's responsibility to make students feel at home and also so they can make a difference in the community with the issues that they feel are important."

Langilotti said he hopes that the Day of Caring will be a long-lasting partnership between the community and the university.

**Security continued from page 1**

the development of a policy and procedure manual mapping out exactly what the purpose is of the security, and having quarterly meetings with Knightwatch management to assess the progress of that security. Griffin-Satre was confident in saying that, "Students and faculty will see an immediate change in after-hours security."

Because of the incidents and the Sept. 26 meeting, students will not be asked to show their I.D. to Knightwatch security, unless conducting suspicious behavior, during any part of the night or day.

Professor Dan Monteith said, "My under-

standing is that as a citizen I am not required to give a security officer my I.D." He said he was told by the Alaska State Trooper's office, "If asked by a security officer to see your I.D., it is your right as a citizen to refuse."

The issue is safety, and the response of one student affected by this misconduct of contract security on campus was, "It made me feel unsafe to be treated in this manner." He said that without a question Knightwatch was out of line.

The administration is working to see that changes will come about. Nevertheless, a word to the wise for all those staying late on campus, watch for Knightwatch.

"I think it's something that can help make Juneau better, because even though we're doing the little jobs, someone has to do them," he said. "Because the little jobs make the biggest difference."

Nuttall said the time he spent picking up litter will remain fresh in his mind. "I think volunteering can be one of the worst jobs you'll ever have, but it can be the most rewarding," he said. "Volunteering helps create better citizens."

Article reprinted with permission of the Juneau Empire.



**MISSING: Sahra Clark's scissors.**

**Wanted:** Anyone interested in writing for the Whalesong and getting physical, valuable, material rewards that might be worth your while. Come talk to us in the office located across from the bookstore, or email us at [jvwale@uas.alaska.edu](mailto:jvwale@uas.alaska.edu) if you are interested in getting "stuff" for writing. We are working on ways to get y'all interested if participating, since asking for volunteers hasn't worked, we are going to try and buy your help. Let us know what it would take for us to get you involved in the newspaper that you have to pay for if you're a student.

**Classifieds**

Classified ads are \$8 for approximately 30 words. Words of emphasis (bold, italics) are an additional 30 cents per word. Ads run for one issue of the paper. Ads are free to UAS students for personal use. Contact Virginie at 465-6434, fax at 465-6399, or e-mail at [whalesong@uas.alaska.edu](mailto:whalesong@uas.alaska.edu) to place an ad.